

UIM CLASS 1 SUPERLICENCE 2024 APPLICATION FORM

In order to participate in Class 1, every crew member of the boat must hold a UIM Superlicence for these classes.

All UIM licences are valid from the date of issue to 31st December of the same year.

In the event of any accident either within the sport or beyond its jurisdiction that prevents an individual from racing on medical grounds, a new post injury medical certificate must be submitted prior to re issue of the individuals licence.

Additionally in the case of a race incident resulting in medical care the competitor must be signed fit to return to racing by the race/event doctor. If this is not obtained, a signed declaration from a Doctor of fitness to return must be submitted to the UIM.

The event insurance must be complied with.

ISSUE OF SUPERLICENCE

The UIM Class 1 Superlicence can be obtained either following a request by the pilot's National Authority to the UIM.

The application for a UIM Class 1 Superlicence must be lodged with the UIM four weeks prior to the first event in which the pilot wants to participate is held.

SUPERLICENCE FEE

The UIM Class 1 Superlicence fee has been fixed to **500 euros** by the UIM Council and must be paid to the UIM Secretariat.

MEDICAL EXPERTISE FEE

Medical expertise fee for drivers, regardless the drivers' age submitting the results for Dual Emission X-ray Absorptiometry method (DXA) as their BMI is over 30 kg/m2: **200 euros** Medical expertise fee for drivers over 50 years in the season must be paid to the UIM Secretariat: **200 euros**



All required documents must be completed and the following additional documentation, or proof of such, must be provided to the UIM Secretariat:

The sports career of the pilot, including the results obtained in the previous two seasons of offshore racing (Sports CV)
Evidence of having raced during the previous 2 years in Class 1 or EVO or Class 3 Closed Canopies, or equivalent as pilot or throttleman in at least 7 races. (Other classes may be taken into consideration as agreed by the UIM).
Current immersion certificate.
A medical certificate which states satisfaction with the medical requirements of the Offshore Rules defined by Offshore Rules 120, MEDICAL EVALUATION SHEET/GENERAL OBJECTIVE EXAMINATION/ADDITIONAL ITEM FOR SUPER LICENCE, 120.01- MEDICAL EVALUATION SHEET, 120.02- GENERAL OBJECTIVE EXAMINATION, 120.03 - ADDITIONAL ITEMS FOR SUPER-LICENCE. Please refer from page 5 to page 10
The fees fixed by and paid to the UIM
 NA Class 1 Consequence is valid from the data of issue to 21st December of the same

The UIM Class 1 Superlicence is valid from the date of issue to 31st December of the same year.

The pilot will be checked every race before on water activities by the Race-Doctor

The UIM may issue the UIM Class 1 Superlicence on the basis of the information supplied by the pilot's National Authority. The UIM may withdraw a UIM Class 1 Superlicence on the recommendation of the relevant pilot's National Authority and the agreement of the Promoter of these classes.

Any pilot who has passed their 50th birthday before the date of application for a UIM Class 1 Superlicence will be obliged to submit a medical report from their own doctor, and also a report of an examination by a doctor nominated by the UIM.

The minimum age for a pilot to qualify to hold a UIM Class 1 Superlicence and to compete in a Class 1 race is 18 years unless otherwise agreed by the UIM.

The application and nomination by the pilot's National Authority will be deemed to be the National Authority's consent to represent their country for the duration of the UIM Class 1 Superlicence. Should the NA not wish a UIM Class 1 Superlicence holder to represent his country at any time, the NA must inform the UIM in writing.



The UIM may authorize a provisional Licence for the second Driver who may not have the above - mentioned sports career to participate in the competitions provided that:

- The First Driver is well experienced, and takes the responsibility of the Second Driver's behavior in the race, the first driver must also sign the UIM letter of agreement regarding responsibility;
- He should have an Offshore Licence issued by his relevant National Authority.
- The application should be authorized by his N.A.

•

TEST DRIVER LICENCE

A UIM 'Test Driver' licence will be issued by the UIM to use during event 'official practice times'. To qualify for this licence, the following conditions must be complied with:

- Current immersion training certificate.
- A medical certificate (same as for the drivers)
- · Two photographs (passport size).
- The fees fixed by and paid to the UIM.
- The application must be authorised by his NA.

The fee for a test drivers licence is Euro 250,00, if upgraded in the same year to a full super licence Euro 500,00 fee is applied.

COCKPIT EVACUATION / IMMERSION TRAINING

In order to be eligible for obtaining the UIM Class 1 Licence, it is necessary to pass an immersion and cockpit evacuation training.

The Class 1 Immersion Training Certificate, to certify the successful completion of said training, reporting the date of issue, must be delivered by experts recognised by a National Authority / UIM.

To be admitted to the Immersion Training, a driver has to provide:

• A valid scuba certificate and/or a Certificate of Authorization in writing from the National Authority, certifying that the driver has successfully completed such training.



The UIM Class 1 Immersion Training will be held, during each Calendar Season, as follow:

- First Immersion Training, prior the first Calendar Event (conducted by experts, recognized by a National Authority / UIM).
- Second Immersion Training, at fourth Calendar Event (conducted on-site by experts recognised by UIM).
- Third Immersion Training, at the last Calendar Event (conducted on-site by experts recognised by UIM).

The Immersion Training must consist in:

Classroom session

o management techniques in case of evacuation o use of safety devices on board o mutual aid among drivers

Session in open water

- o floating techniques
- o respiration management
- o swimming for at least 50 meters

Rolllover tests & cockpit evacuation

o to be conducted in race suit, including all required accessories (helmet, head & neck restraint, etc.)

o to be executed twice, with and without air system

The expiration of the UIM Class 1 Immersion Training(s), as described above, will follow the same date of the UIM CLASS 1 Licence.



MEDICAL EVALUATION SHEET 2024 – UIM CLASS 1 SUPERLICENCE

If the medical sheet from page 5 to 9 is filled in electronically, and if the doctor and ophthalmologist cannot sign and stamp electronically, please submit to your UIM National Authority a separate scanned certificate with stamp and signature of the relevant medical specialist.

Location of examination		Date of examination		
Name		Surname		
Place of Birth		_Date of Birth		
Date of first involvement in	Powerboating			
Other sports practiced				
PRESE	NT STATE OF HEALTH	AND FORMER DISEASES		
Disease (former or current)				
With special mention of				
☐ Cardiopathy	☐ Coronary	☐ Diabetes Type 1 / 2 (circle the type)		
☐ Epilepsy	☐ Epilepsy ☐ High Blood Pressure			
Surgical interventions under	gone to date			
Dates of these interventions				
Accidents (when, where, under which circumstances)				
Alcohol consumption		_ Tobacco		
Allergies				
Medicines usually/frequently taken				

Please keep in mind the Anti-Doping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules.



GENERAL OBJECTIVE EXAMINATION 2024 – UIM CLASS 1 SUPERLICENCE

Height:	m	Weight:	kg		
Body Mass Index (\	Weight (kg)/Height²	(m): BMI):			
Age		Gender			
Congenital or acqu	ired malformations				
Respiratory system	1				
Spirometry (manda	atory) Please attacl	n printed results and g	raphs		
FVC (measured/predic	cted)				
FEV ₁ (measured/pred	icted)				
Is there any eviden	ce of abnormality o	of the heart or cardiova	scular system?	□ Yes	□ No
If "Yes", give detail	s below.				
Blood Pressure at r	est				
Hearth Frequency	at rest				
Electrocardiogram	at rest				
J					
		o page 10) Please atta	=		phs



Ophtalmologic check-up (mandatory every two years)

Have you undergone this ophthalmologic check-up last year?					
If yes, please specify	If yes, please specify when:				
If not, ask your ophth	nalmologist to insert	following details:			
Eyesight	(uncorrected)	R	_ L		
	(with correction)	R	_ L		
Eyesight with both ey	yes open (wearing co	rrective lenses if neces	ssary)		
Field of Vision					
Vision of Colours: is t	he applicant's colour	vision normal?	□ Yes	□No	
If "No", give details b	elow.				
Signature and practice stamp of the ophthalmologist If the ophthalmologist report cannot be signed and stamped electronically, please submit for the attention of your UIM National Authority a separate certificate with stamp and signature of the ophthalmologist.					



Hearing Testing				
Urine: Albumine Sugar				
Is the Urine analysis normal? ☐ Yes ☐ No				
If "No", give details below.				
Nervous system				
Others				
Does the applicant have any physical abnormality or restriction of movements in the arms or legs?				
□ Yes □ No				
If "Yes", give details below.				
Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a motor sport competition licence?				
□ Yes □ No				
If "Yes", give details below.				



TO THE DOCTEUR AND THE DRIVER				
Are you the applica	int's usual doctor?	□ Yes	□ No	
Your practice stam	p (together with your na	ame and qual	ifications):	
Name (in CAPITAL I	LETTERS)			
Address				
	_			
Tel :				
Email :				
Ability Assessment				
Date :				
This is to certify that I have examined the applicant in line with this form.				
ſ				
Signature of the Doctor			ature of Oriver	

If the doctor report cannot be signed and stamped electronically, please submit for the attention of your UIM National Authority a separate certificate with stamp and signature of the doctor.

If you as a driver cannot sign electronically the medical sheet, please return a scanned version of the document(s) with your signature.



DETAILED EXAM RESULTS FOR 2024 CLASS 1 SUPERLICENCE STRESS ECG – PULMONARY AND VISION TESTS

TO BE SUBMITTED BY DRIVERS (REGARDLESS THE AGE)

Maximal stress ECG and blood pressure profile: electrocardiogram has to be performed every year:

*on a cycle ergometer starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight during 2 minutes.

*or on a treadmill, using a *Bruce Protocol* (preliminary warm-up recommended)

The driver must be capable of completing at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in powerboating sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Pulmonary function test (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence

Exhaustive ophthalmological check-up, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.

General Recommendation for UIM Superlicence holders concerning physical fitness Cardiovascular training (endurance training) such as jogging, cycling, rowing etc. twice a week - minimum 20 minutes without any interruption. Any sports activity which has "stand still" during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training but recommended as additional training.

Training to build up muscles for neck and back at least twice a week.



INFORMATION FOR BODY MASS INDEX (BMI FOR 2024 CLASS 1 SUPERLICENCE

Drivers with a Body Mass Index (BMI) over 30 kg/m²

Exemption of BMI rule over 30 kg/m²

In order to obtain from UIM an exemption from the "BMI rule", a pilot may prove to the UIM Medical Advisor that his (her) body fat anthropometric characteristic remain within or near the normal range, remaining herewith eligible for obtaining an UIM Superlicence.

To do so, the pilot shall undergo a body composition assessment by using the Dual Emission X-ray Absorptiometry (DXA) method.

The total Body Fat percentage obtained from this measure should remain outside of the "obese range" for the gender and age considered (please refer to below Table)

Due to reliability issues, <u>no other body composition measurement methods than DXA will be accepted by UIM</u>.

This procedure must be repeated by the pilot every year prior to applying for the UIM Superlicence, in case the BMI exceeds **30**.

All other requirements include in the superlicence medical procedure should be fulfilled.

BODY FAT RANGES TAKING AGE AND GENDER INTO ACCOUNT

WOMEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 21%	21-33%	33-39%	Over 39%
41-60 yrs	Under 23%	23-35%	35-40%	Over 40%
61-79 yrs	Under 24%	24-36%	36-42%	Over 42%

MEN

Age	Underfat	Healthy Range	Overweight	Obese
20-40 yrs	Under 8%	8-19%	19-25%	Over 25%
41-60 yrs	Under 11%	11-22%	22-27%	Over 27%
61-79 yrs	Under 13%	13-25%	25-30%	Over 30%



Drivers over 50 years in the 2024 season

Drivers over 50 years during 2024 season: All **detailed examinations results** required in the UIM medical form and described on page 10 will be submitted to a doctor appointed by UIM.



Form to be signed and entered with the 2024 Class 1 Superlicence application documents to UIM

ATHLETES CONSENT FORM

As a member of Union Internationale Motonautique (UIM) and/or a participant in an event authorized or recognized by UIM, I hereby declare as follows:

- I acknowledge that I am bound by, and confirm that I shall comply with all of the provisions of the UIM Anti-Doping Rules (as amended from time to time), the World Anti-Doping Code (the "Code") and the International Standards issued by the World Anti-Doping Agency ("WADA"), as amended from time to time, and published on WADA's website.
- 2. I acknowledge the authority of UIM and its member National Federations under the UIM Anti-Doping Rules to enforce, to manage results under, and to impose sanctions in accordance with the UIM Anti-Doping Rules.
- 3. I acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article [13] of the UIM Anti-Doping Rules to an appellate body, which in the case of International-Level Athletes is the Court of Arbitration for Sport (CAS).
- 4. I acknowledge and agree that the decisions of the appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

5. I understand that:

- a. my data, such as my name, contact information, birthdate, gender, sport nationality, voluntary medical information, and information derived from my testing sample will be collected and used by UIM and its member National Federations and WADA for antidoping purposes;
- WADA-accredited laboratories will use the anti-doping administration and management system ("ADAMS") to process my laboratory test results for the sole purpose of antidoping, but shall only have access to de-identified, key-coded data that will not disclose my identity;
- c. I may have certain rights in relation to my *Doping Control*-related data under applicable laws and under WADA's International Standard for the Protection of Privacy and Personal Information (ISPPPI), including rights to access, rectification, restriction, opposition and deletion, and remedies with respect to any unlawful processing of my data, and I may also have a right to lodge a complaint with a national regulator responsible for data protection in my country;
- d. if I object to the processing of my *Doping Control*-related data or withdraw my consent, it still may be necessary for my UIM and its member National Federations and/or WADA to continue to process (including retain) certain parts of my *Doping Control*-related data to fulfill obligations and responsibilities arising under the Code, International Standards or national anti-doping laws notwithstanding my request; including for the purpose of



investigations or proceedings related to a possible anti-doping rule violations; or to establish, exercise or defend against legal claims involving me, WADA and/or an Anti-Doping Organization.

- e. preventing the processing, including disclosure, of my *Doping Control*-related data may prevent me, WADA or Anti-Doping Organizations from complying with the Code and relevant WADA International Standards, which could have consequences for me, such as an anti-doping rule violation, under the Code;
- f. to the extent that I have any concerns about the processing of my *Doping Control*-related data I may consult with the UIM and/or WADA (privacy@wada-ama.org), as appropriate.
- 6. I understand and agree to the possible creation of my profile in ADAMS, which is hosted by WADA on servers based in Canada, and/or any other authorized National Anti-Doping Organization's similar system for the sharing of information, and to the entry of my *Doping Control*, whereabouts, *Therapeutic Use Exemptions*, *Athlete Biological Passport*, and sanction-related data in such systems for the purposes of anti-doping and as described above. I understand that if I am found to have committed an anti-doping rule violation and receive a sanction as a result, that the respective sanctions, my name, sport, *Prohibited Substance* or *Method*, and/or tribunal decision, may be publically disclosed by UIM and its member National Federations in accordance with the Code. I understand that my information will be retained for the duration as indicated in the ISPPPI.
- 7. I understand and agree that my information may be shared with competent Anti-Doping Organizations and public authorities as required for anti-doping purposes. I understand and agree that persons or parties receiving my information may be located outside the country where I reside, including in Switzerland and Canada, and that in some other countries data protection and privacy laws may not be equivalent to those in my own country. I understand that these entities may rely on and be subject to national anti-doping laws that override my consent or other applicable laws that may require information to be disclosed to local courts, law enforcement, or other public authorities. I can obtain more information on national anti-doping laws from my International Federation or National Anti-Doping Agency.

I have read and understand the present declaration, and I have taken acknowledge of the UIM Anti-Doping Privacy Notice that can be found by <u>clicking here.</u>

Date	Print Name (Last name, First name)		
Date of birth	Signature		
(Dav/Month/Year)			

If you as a driver cannot sign electronically the athletes consent form, please return a scanned version of the document with your signature.



UIM Bank references

Bank L.C.L. (Le Crédit Lyonnais) Monaco La Condamine 98000 Monaco

IBAN N° MC36 3000 2054 3000 0007 0044 N44 BIC N° CRLYMCM1

Please mention on the bank transfer the Superlicence category and the driver's name